

Vajra Sol Yoga Retreat with Surfing & SUP

February 20 - 26, 2017
Rancho Santana, Nicaragua



Sun, Moon & Tides

Escape to the tropics and flow to the rhythms of Nature

Join Vajra Sol yoga instructor Sandra Tedeschi for a fully guided adventure on the breathtaking Pacific Coast of Nicaragua at a luxurious beachfront retreat. Immerse into yoga practices that connect you to the solar, lunar and ebb & flow energies inherent to the natural surroundings creating an inner sense of balance and relaxation. Take surfing or stand up paddle lessons, or make your own blissful package of spa treatments and cultural activities. Be ready for a rejuvenating and transformational week of inspired and spirited living.

“secluded chilled-out luxury” - *New York Times*

For the full details or to sign up contact us @
www.VajraSolTravel.com/nicaragua

All inclusive Retreat Rates

Inn Guestroom:

\$3,150 single / \$2,350 shared

*Suite upgrade + \$225 single /
\$125 double*

Casitas:

\$2,275 single / \$1,975 shared

Included: (1) night in Granada, (5) nights at Rancho Santana, all meals, (4) surfing and/or SUPing lessons, daily yoga & meditation, horse buggy tour of Granada, relaxation massage, airport transfer on arrival, taxes, and more.

Not included: International flight, transfer out, gratuities